## **ARIES: I AM**

## Add a subLetting Go & Changing Directionheading

Since the beginning of the pandemic, Saturn was teaching you valuable lessons about your standing in your community, the true nature of friendships, what kind of people you would like to surround yourself with. Saturn was hammering these lessons pretty strong and in addition he wanted to change the way you relate to your community, governments, altruism, and large organisations.

These lessons continue to some degree in the first two months of 2023 but then, as the Lord Karma moves into your 12th house, also dubbed the house of letting go, you will be asked to go into the sacred grove and dark forest of mysticism, the collective unconscious, confinement, isolation, hospitals, and surrender – let go, and join the collective unconscious and the Sandman's dream world.

These are not easy lessons for the warrior in you but alas, once in 30 years you are requested to insulate yourself, look deep inside, detached of any attachment that bogs you down, and deal with the consequences of past actions, thoughts, and feelings. You are entering the realm of action and reaction - whatever you have sown in the last three decades, so shall you also reap. A good way to deal with Saturn's demands in the next three years is to embark on self-induced retreats, self-imposed impermanent "prisons" just for a few days every so often to satisfy the Lord's Karma demands. Book a cabin or pitch a tent somewhere remote for a weekend.

Go on a pilgrimage of self-discovery, without a book, or your computer, or any other form of escape. It is vital you shed, let go, and cut away from people, substances, behaviours, or attitudes that so far helped you escape your true self. In many ways you are undergoing a Jedi training with Yoda on the isolated planet of Dagobah.

Saturn is taking you on an inner adventure to your own wonderland, a place of magic and imagination, where you can reboot and assume a new identity once you come out of his training in February 2026. Go back to 1993 – 1996 to unearth what Saturn wishes to teach you since in those years he was in the same place he plans to be between 2023 – 2026.

The 12th house, where Saturn plans to occupy in the next three years, is what the great psychologist, Carl G. Jung called the Shadow, the dark forest, where magic takes place, the liminal zone where the laws of astrology and physics do not apply.

Use it to your advantage to completely reinvent yourself and strip off whatever shells you built around you to protect yourself from your authentic self and the spark of God within you. This is not philosophical work, but rather very practical, remember, Saturn grounds concepts and gives them shape.

As mentioned, to carry out Saturn's assignments you need to surrender to his will, something very hard to the sign that is ruled by Mars, the god of war. However, if you do not listen to Saturn as he whispers to you through omens and synchronicities, signs, and insights, you are in danger of experiencing pain, hospitalisation, loneliness, and suffering.

In Brazilian Jiujitsu, a martial art whose meaning of its name is "Gentle Art," right from the first moment you step on the mat as a white belt, up to the highest-ranking practitioner, you must tap out whenever you are in a position where you have no escape. You are taught early on that tapping out, as in surrendering, is not shameful but your only way to advance. Fighters that refuse to do so, more often than not, end up injuring themselves or others. Don't let your ego stand in the way of you attaining your superpowers.

In addition, renewing or deepening your meditation practice can teach you to journey inward and connect to your spiritual guides. In Kabbalah, meditations are called Hitbodedut, Hebrew for isolation. There are many ways to meditate, and it doesn't always involve closing your eyes and sitting crossed leg. Find your way of connecting to oneness. Some of you can do it while running, cycling, or walking. But no worries, not all is bleak, from January until mid-May, Jupiter travels in Aries.

That is great news to all you rams, you will feel like you can conquer the world and achieve a great deal in your life. From the middle of May, Jupiter provides you a great deal of fortune as he transits into your house of money, talents, self-worth, values, and awards for an entire year!

Once in twelve years you are getting a boost in your confidence and financial situation. Perhaps the letting go could help you tap into new talents, after all, Saturn's travel in the 12th house of past lives has the potential of connecting you to talents and gifts you have accumulated in previous lives.