

triyoga Level 1 foundation course with Anna Ashby & Tony Watson

A detailed scheduled of the content will be published shortly.

Dates

2021	Saturday 6th November	Module 1
2021	Saturday 6th November	Module 1
2021	Sunday 7th November	Module 1
2021	Sunday 7th November	Module 1
2021	Saturday 11 December	Module 2
2021	Saturday 11 December	Module 2
2021	Sunday 12 December	Module 2
2022	Saturday 15th January	Module 3
2022	Saturday 15th January	Module 3
2022	Sunday 16th January	Module 3
2022	Sunday 16th January	Module 3
2022	Saturday 12th February	Module 4
2022	Saturday 12th February	Module 4
2022	Sunday 13th February	Module 4
2022	Sunday 13th February	Module 4
2022	Saturday 19th March	Module 5
2022	Saturday 19th March	Module 5
2022	Sunday 20th March	Module 5
2022	Sunday 20th March	Module 5
2022	Saturday 23 April	Module 6
2022	Saturday 23 April	Module 6
2022	Sunday 24 April	Module 6
2022	Sunday 24 April	Module 6
2022	Saturday 28th May	Module 7
2022	Saturday 28th May	Module 7
2022	Sunday 29th May	Module 7
2022	Sunday 29th May	Module 7
2022	Saturday 9th July	Module 8
2022	Saturday 9th July	Module 8
2022	Sunday 10th July	Module 8
2022	Sunday 10th July	Module 8
2022	Saturday 3rd September	Module 9
2022	Saturday 3rd September	Module 9
2022	Sunday 4th September	Module 9
2022	Sunday 4th September	Module 9
2022	Saturday 22nd October	Module 10
2022	Saturday 22nd October	Module 10
2022	Sunday 23rd October	Module 10
2022	Sunday 23rd October	Module 10
2022		
2022	Saturday 3 December	Module 11
2022	Saturday 3 December	Module 11

2022 Sunday 4 December Module 11
2022 Sunday 4 December Module 11

2023 Saturday 21 January Module 12
2023 Saturday 21 January Module 12
2023 Sunday 22 January Module 12
2023 Sunday 22 January Module 12

2023 Saturday 25th February Module 13
2023 Saturday 25th February Module 13
2023 Sunday 26th February Module 13
2023 Sunday 26th February Module 13

2023 Saturday 25th March* Module 14
2023 Saturday 25th March Module 14
2023 Sunday 26th March Module 14
2023 Sunday 26th March Module 14

2023 Sunday 28 May Module 15